

Frequently Asked Questions

What is the purpose of respite care?

The purpose of respite care is to provide a period of rest and renewal for the family. Respite Care Providers are selected by the family and can provide respite in or out of the family's home.

Who benefits from respite care?

Everyone!

Who can serve as a Respite Care Provider?

Anyone who wants to help children, families and the community.

OR

Anyone who has experience working with children or adults with disabilities.

OR

Anyone over 18 who successfully completes our free Respite Care Training Program.



About The Arc

The Arc Northern Chesapeake Region is a private non-profit organization founded in 1953 that provides services to individuals with developmental disabilities serving in Harford, Cecil, and Kent counties.

We are members of The Arc of Maryland and The Arc of the United States.

The Arc Northern Chesapeake Region
4513 Philadelphia Rd Aberdeen, MD 21001
410-879-6785

Visit us on the web at
www.arcncr.org
Click on Programs and
Services / Family Services /
Respite Care Training
Program



This program was made possible by the generous funding of the Harford County Local Management Board.

ADVOCACY • RESOURCES
COMMUNITY BUILDING
For People with Developmental Disabilities



Respite Care Provider Training Program

Are you a compassionate person?
Do you love children?
Do you enjoy helping others?
Do you want to give back to your
community?
If so, The Arc
has a wonderful opportunity for you!



*Advocacy, Resources, and Community
Building For People With
Developmental Disabilities*

Become A Respite Care Provider...Make A Difference!

Respite Care Providers offer:

- Rest and renewal for the families they serve.
- Support for families caring for a child with developmental disabilities
- The Arc offers:
 - Free training classes including CPR and First Aid Certification.
- Families offer:
 - Unique perspective on caring for a child with a disability. Compensation to the Respite Care Provider as agreed by the family and the Respite Care Provider.



Respite Care Helps Families

Respite care is the provision of short-term, temporary relief to those who are caring for family members with a developmental disability.

Although families take great joy in providing care to their loved ones so that they can remain at home, the physical, emotional and financial consequences for the family can be overwhelming without some support, such as respite.

Respite provides a much needed temporary break from the everyday challenges faced by the family.



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Nearly 80% of all care is now provided at home by the family to children and adults with developmental disabilities as well as other health conditions.

Respite has been shown to help sustain the family's health and wellbeing, thereby avoiding or delaying out-of-home placements, and reducing the likelihood of abuse and neglect. An outcome based evaluation pilot study showed that respite may also reduce the likelihood of divorce and help sustain marriages.

Research has shown that providing respite can have a positive effect on the family.

Winter & Spring Training Sessions are now forming. Call now to register for training!

**For more information contact:
Family Support Services
410.879-6785, extension 383 or email
respiteprovidertraining@arcncr.org**