



2018 TFC Training Schedule

January 4, 2018 from 5:30-7:30 PM:

PRIDE Refresher/Arc Model of Trauma

There will be a refresher training on PRIDE concepts which will help our parents remain focused and sharpen their parenting skills. Included will be a presentation on the Arc model of trauma.

February 1, 2018 from 5:30-7:30 PM:

Flavors of Life: *Diversity in an Ever-Changing World*

Folashade Idowu will be presenting on diversity and why it is important to accept others' differences even if we do not subscribe to their way of life. She will give practical advice on how to be inclusive and accepting of people from all walks of life.

March 1, 2018 from 5:30- 7:30 PM

Skillset part 1 (Internet Safety)

There will be a presentation on the importance of internet safety including keeping your personal information safe (social security numbers, addresses, etc.) and how to spot phishing websites that may compromise your information and overall safety.

** Topics are subject to change*



2018 TFC Training Schedule Cont.

April 5, 2018 from 5:30- 7:30 PM

Skillset part 2 (Social Media safety)

There will be a discussion on the importance of keeping certain information private, including names, locations, pictures, etc.

We will stress the importance of being careful about who we engage with online and why it is important to never meet strangers offline.

May 3, 2018 from 5:30pm-7:30 PM:

C.O.P.E -Creating Opportunities for Personal Empowerment

There will be a presentation on CBT techniques and learning techniques for behavioral crises and everyday stresses.

June 7, 2018 from 5:30-7:30 PM

Sex Trafficking/Sex Addiction

Turnaround, Inc. will be presenting on Sex Trafficking and Addiction which will include what to look for and how to help combat the disturbing trend of Sex Trafficking. We will also explore what sex addiction looks like and how to treat it.

** Topics are subject to change*