



Kim Albert
Senior Director of
Clinical Support
Services
The Arc Northern
Chesapeake Region

Kim Albert is the Senior Director of Clinical Support Services at The Arc Northern Chesapeake Region (The Arc NCR) in Aberdeen, Maryland. She has worked at The Arc NCR for the past 2 years, focusing on the quality of support and mental well-being of supported individuals with differing abilities. Albert has been working in human services with individuals with developmental disabilities, chronic and acute mental health issues and the elderly for 25 years.

Albert has been a licensed clinical social worker for 15 years, providing individual therapy and behavioral supports. Her training and experience have focused on trauma and trauma informed care. Since joining The Arc NCR, she has implemented training for staff and individuals on Julie Brown's Skills System, a therapy training system to empower individuals and staff with tools to improve emotional regulation. Under the new Developmental Disabilities Administration (DDA) waiver, Albert will be able to expand the Behavioral Support Services provided at The Arc NCR within the next year.

Albert received her Master's Degree in Social Work from the University of Maryland Baltimore and a Bachelor of Arts degree in Psychology at Salisbury University.

To contact Kim:

<u>kalbert@arcncr.org</u>

410-836-7177, ext. 386

For more information on The Arc NCR visit https://arcncr.org/