

**My Book  
About Coping  
with Covid !**

**By:**

---

Here is how I feel about Covid:  
( either a picture or words or both!)

---

---

---

---

---

Believe it or not some good things have  
come out of it. They are:

---

---

---

---

---

---

---

---

---

---

---

The best thing of all has been:

---

---

---

---

---

---

---

These are the things that I don't like about Covid:

---

---

---

---

---

---

---

---

This is what I don't like the most:

---

---

---

---

This is what I wish would change right now:

---

---

---

---

I have done well during covid. Here are some ways that I have been strong and done the right thing:

---

---

---

---

---

---

---

---

---

---

Here are some things I am proud of that I did:

---

---

---

---

---

---

---

Here is what other people appreciate that I did:

---

---

---

---

---

---

---

---

---

This is how I helped someone else during this time:

---

---

---

---

---

---

---

---

Yes! I am coping with Covid!!



Signed by the Author