




The Arc[®]

Northern Chesapeake Region



70th
Anniversary



The Arc Northern Chesapeake Region's
Fiscal Year 2023 Annual Report



Rooted in the community since 1953.

About Us

Since 1953, The Arc Northern Chesapeake Region has helped people with differing abilities build better lives one person at a time. Supporting people and their families over, “The Arc of a Lifetime,” by empowering people with differing abilities to live, work and thrive in the community through the following services.

-  **Community Living**
Empowering people to live as independently as possible in a home of their own.
-  **Community Partners**
Building skills for independence in the community.
-  **Employment Services**
Matching the unique skills of job candidates with identified business needs.
-  **Family Support Services**
Offering a variety of personalized support to empower families and people to access available services.
-  **Personal Supports**
Connecting people with the community to achieve their personal goals.
-  **Treatment Foster Care**
Providing therapeutic foster homes to foster children from birth to age twenty-one.

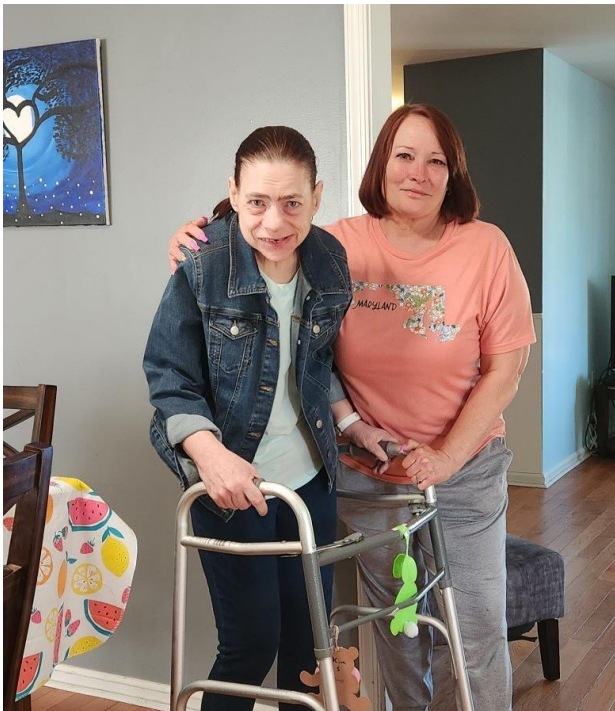
The Arc NCR is a private, non-profit local chapter of The Arc Maryland and The Arc of the United States, the largest community-based organization devoted exclusively to improving the quality of life for all adults and children with developmental disabilities.

Clinical Support Services are a new supplemental service of The Arc NCR, offering expertise in mental and behavioral health for frontline training and support planning to empower team members in providing the best support possible.

Support Listings

Number of Supports Provided

| Program | July 1, 2022 — June 30, 2023 |
|-------------------------|------------------------------|
| Community Living | 101 |
| Community Partners | 106 |
| Clinical Services | 98 |
| Employment Services | 302 |
| Family Support Services | 310 |
| Personal Supports | 93 |
| Treatment Foster Care | 30 |
| Total | 1,040 |



Revenue & Expenses

FY 2023 Operating Revenue

| Revenue Source | Revenue Amount |
|--------------------------|----------------|
| Foundation Donation | \$188,277 |
| Other | \$650,593 |
| Grants and Contributions | \$2,489,649 |
| Program Revenue | \$20,930,588 |
| Total Revenue | \$24,259,107 |

FY 2023 Operating Expenses

| Expense Source | Expense Amount |
|------------------------|----------------|
| Program Services | \$18,421,995 |
| Management and General | \$2,757,232 |
| Development | \$505,518 |
| Total Expense | \$21,684,745 |

Accomplishments



Sharon Celebrates 20 Years at the Library

(An Employment Services Story)

On a visit to photograph and celebrate Sharon's 20-year work anniversary with The Harford County Public Library this year, Sharon gave a tour of the library children's section, and shared one of her favorite childhood books, *The Berenstain Bears' Moving Day*. She said that she loves working with the books that she grew up with because of all the good memories that they bring back to her, and it is very meaningful for her now to ensure those books will be available to the next generation so that others can have fond memories of them as well.

The Harvey's are Bridging a Gap

(A Story from Treatment Foster Care)

In Treatment Foster Care - we believe in family! And sometimes, youth who are placed in foster care experience a lot of disconnect from their biological family and relationships can become complicated. Over the years, Julia and Robert Harvey have participated in countless trainings to promote the partnership between birth and foster families. They understand that relative connections matter. They have advocated at court hearings for birth connections, and ensured DSS workers are scheduling visits between siblings. In their home, they keep regular contact with youth's biological family to share photos, arrange informal outings and celebrate special milestones together.



Vernon Receives our Highest Award

(A Story from Community Living)

At The Arc NCR's Annual Meeting this June, Vernon received the Tim Quinn Vision and Courage Award in honor of his contributions to the agency over the last 30 years. In 1988, Vernon founded and became President of The Arc NCR's People First Advocacy Group, and he held that role until 2016, 28 years. He helped to navigate difficult topics and was an inspiration for others to better advocate for themselves. Vernon also succeeded in Employment Services, working 18 years at Red Lobster, and Community Living, where he was able to ensure that his needs were met as his health has declined. Vernon has lived out the mission of The Arc NCR in a way that should inspire us all.



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A Message from the CEO & President of the Governing Board

In 2023, our agency celebrated its 70th anniversary! For 70 years, The Arc Northern Chesapeake Region (The Arc NCR) has served as a cornerstone in supporting and empowering the community. Through its comprehensive programs and initiatives, it has consistently demonstrated a commitment to fostering growth, inclusivity, and resilience in the region. By offering a wide array of services, The Arc NCR has significantly impacted the lives of children, adults, families, and communities, making it an invaluable asset to the area.

In the past year alone, we have made significant strides in advancing our mission:

- **Building Employment Partnerships** - In 2023, our agency had multiple people we support celebrate employment milestones, much like Sharon in this report. Sharon has been employed for 20 years with the Harford County Public Library. Another person we support celebrated 26 years at a local restaurant and another person celebrated 18 years at the Harford County Courthouse. The people we support have valuable job skills and our Employment Services team works diligently to match the right candidate with the right employer to create these long-lasting partnerships.
- **Expanding Services to Support Mental Health** - Central to our mission is the belief that mental health is an integral component of a person's overall well-being. According to the National Association of Dual Diagnosis, nearly 35% of people with intellectual disabilities also have a co-occurring mental health diagnosis. There are limited community resources available that offer clinicians who have experience working with people with differing abilities. As a result, The Arc NCR has prioritized providing comprehensive clinical supports to people we support, ensuring that those in need have access to the resources and care they require. Our Clinical Supports team provided support to nearly 100 people in 2023 and will continue to provide this supplemental service to anyone receiving support from The Arc NCR.
- **Promoting Inclusion:** Through advocacy efforts and collaborative initiatives offered by The Arc Maryland and Maryland Association of Community Services, our agency has worked tirelessly to promote a more welcoming and supportive environment for people with disabilities. In addition, our Social Justice Committee continues to foster an internal culture of inclusion and acceptance for our employees, where they feel heard and appreciated, allowing them to provide high quality supports.

As we finish celebrating 70 years of supporting people with differing abilities, we renew our commitment to championing their rights. Thank you to our employees, people we support, board members, volunteers, and the community for your unwavering support. We cannot make our mission happen without the generosity of so many people. Together, we will continue to build our vision of a world where people with differing abilities lead personally valued lives.



Shawn Kros
President & CEO



Jeff Rink
President, Governing Board



The Arc Northern Chesapeake Region
4513 Philadelphia Road, Aberdeen, MD 21001
410-836-7177 | www.arncnr.org

Empowering people with differing abilities to live,
work and thrive in the community.



Contributing to fundraising campaigns, volunteering and donating has a direct impact on the children, families and adults with differing abilities we support. We ask that you look into your heart and choose to make a decision based on your beliefs and passions.

Scan the QR
code to visit,
arncnr.org.

Learn more online at www.arncnr.org or email the development team at Development@arncnr.org.

The Arc NCR is committed to ensuring that no person is excluded from participation in or denied the benefits of its services on the basis of race, color, or national origin, as protected by Title VI and Title VII.