




Fund the Need: Support monarc, LLC

 *An inclusive mental health practice built for people with intellectual and/or developmental disabilities (IDD), other neurodiverse people, and the general community.*

When mental health care isn't built for everyone, people are left without support.

For far too long, neurodiverse people and those with IDD have been asked to fit into mental health systems that weren't built for them. When someone communicates or learns differently, they're too often misunderstood, misdiagnosed, over medicated, or even turned away—left without the support they deserve.

monarc, LLC was created to close this gap.

Launched by The Arc Northern Chesapeake Region, monarc, LLC was built intentionally to provide inclusive, high quality mental health care for people with IDD and the broader community, while also strengthening the long-term sustainability of The Arc NCR by diversifying revenue and reducing reliance on government funding.

This is where you come in.

Since opening in late September 2025, monarc, LLC has already demonstrated extraordinary momentum, meeting the urgent and profound need in our community, and we need your help to continue.

The Need is Urgent and Profound

- 35–40% of people with disabilities live with a co occurring psychiatric disorder, including anxiety and depression
- Adults with disabilities are three times more likely to experience hospitalization, justice system involvement, suicidal ideation, and family or caregiver strain
- Adults with intellectual and/or developmental disabilities are over 9 times more likely to be diagnosed with anxiety or depression, yet far less likely to receive counseling or therapy
- Cost, workforce shortages, and lack of IDD trained clinicians continue to block access to care, especially in Maryland and rural communities
- For children, the gap is expanding rapidly. Existing therapy services in school settings may not meet the needs of all youth with intellectual and/or developmental disabilities, resulting in limited options for families.

How Your Contributions will Make a Difference

Today, monarc is positioned to serve Harford and Cecil Counties, with the ability to extend mental health services to the lower eight counties of Maryland’s Eastern Shore, regions where access is already critically limited. This work is pioneering. monarc is breaking down barriers and stigma in the IDD mental health space in ways no predecessor has attempted.

Without investment, growth will stall, limiting access for vulnerable populations and forfeiting a rare opportunity to lead systemic change. Review the funding levels below to see how your contributions will make a difference.

\$10,000	Addresses monarc’s most urgent need by recruiting, training, and onboarding both a child therapist and an adult therapist—expanding immediate access to care.
\$5,000	Expands access by helping bring new clinicians on board—so more children, adults, and families can receive care.
\$2,500	Removes financial barriers through Charity Care—helping families access therapy regardless of insurance or income.
\$1,500	Supports new programs by helping launch group therapy and staff training.
\$1,000	Invests in quality care by supporting ongoing training and collaboration for clinicians.
\$500	Keeps care coordinated by supporting front-line medical and reception staff.
\$250	Sustains daily operations—covering essential systems that make care possible.
\$100	Provides therapy supplies and patient materials that support accessible care.
\$50	Fuels growth through outreach and everyday practice needs.



Eileen

Eileen’s daughter was monarc’s first patient—a breakthrough that finally brought trust, understanding, and hope to their family. Since that first visit, more than 500 people have found the same life-changing support.



Rodolfo

As a military family on their 8th move, settling in Aberdeen meant starting over—again. Rodolfo’s son, who has severe level-3 Autism, faced a one-year waitlist for urgently needed care, but when monarc opened, Rodolfo’s son was able to be seen in just one week.



Faith and Karen

For Faith and her mother, Karen, access to monarc’s integrated mental health care, connected with the Arc NCR services they trust, has made all the difference, offering peace of mind that’s truly rare.



Your contribution will make a difference.

Support the work of monarc, LLC, helping to meet the gap in mental health care for those with intellectual and/or developmental disabilities.

Scan the QR code or visit, www.arcncr.org/gala.